

## **SESSION INFORMATION - THE MARRIAGE YOU'VE ALWAYS WANTED**

### **Communication 101**

Healthy, honest communication is essential to establish and maintain a thriving marriage. Most couples admit they experience difficulty having meaningful conversations with their spouse. Some sadly say, "We don't really talk at all." Hear Dr. Gary Chapman's memorable anecdotes and practical advice for couples on this important topic. Discover your own tendency to be a "babbling brook" or a "dead sea" and how to deal with the implications of these characteristics to enhance communication in your marriage.

### **Understanding and Expressing Love**

What should couples do when those exciting feelings of love seem to be long gone? Dr. Chapman explains how to rekindle those emotions with some easy strategies that help husbands and wives express love to their spouses and refill each other's empty "love tanks." Learn your spouse's "love language" and choose to act out of love—two crucial steps to renewing your relationship.

### **Initiating Positive Change**

Dr. Chapman has a word to both wives and husbands in this session, as he demonstrates how the model of the Godhead is the key to thriving marriages. While stressing the value and significance of both partners, he will help couples gain clarity in their quest toward a unified, God-honoring marriage. You'll receive advice on how to handle strong disagreements, power struggles, and poor decisions.

### **Making Sex a Mutual Joy**

We may giggle or avoid the subject, but there is no denying that God created sex and designed it as a powerful means for loving your spouse. Dr. Chapman reminds couples of God's biblical intention for sex, while addressing common misconceptions and difficulties related to this important aspect of marriage.

### **How to Share the Things that Bug You**

When differences within your marriage begin to give rise to resentment, how do you bring those issues up without damaging your mate? In this session, Dr. Chapman teaches ways to lovingly accept your spouse while letting your voice be heard. Learn the delicate art of constructive criticism and the value of a good laugh with your spouse.



Bible Baptist Church  
800 NE 72nd St  
Gladstone, MO 64118  
816.436.1649  
[www.abb.org](http://www.abb.org)

